

Date: 25-09-2019

# **Report on One Day Inter-College workshop** **On** **Emotional Intelligence and Career Success**

Emotional aspects are very important in influencing the excellence of a student. Many past studies have proven that emotional intelligence affect academic achievement. With this objective to identify students' emotional intelligence level and to what extent emotional intelligence influences students' academic achievement Youth Red Cross wing of the college organized a One-day Inter-college Workshop on 'Emotional Intelligence and Career Success' for the Final year Students. The guest speaker was Dr. Pavithra K S, Psychiatrist, Sridhar Nursing Home, Shivamogga.



The Workshop was inaugurated at 10:30 am, with invocation song followed by welcome address. Dr. G M Sudharshan, HOD of BBA and B.Com., introduced the guest speaker.

The Workshop was inaugurated and presided over by Smt. Aurnadevi S Y, honorable Trustee, PES Trust®, Shivamogga. Dr. Pavithra K S, Psychiatrist, Sridhar Nursing Home, Shivamogga was Chief Guest and Dr. K Sailatha, Principal PESIAMS, was present in the workshop.



Dr. Pavithra K S, Psychiatrist, addressed the students stating the importance of Emotional Intelligence (EI) in education has gained momentum in the last few years and the wide spread recognition of its salience in enhancing classroom effectiveness.



Further she explained Emotional intelligence can be said to cover five main areas: self-awareness, emotional control, self-motivation, empathy and relationship skills. It is, of course, important for good communication with others – and is therefore a gateway to better learning, friendships, academic success and employment.

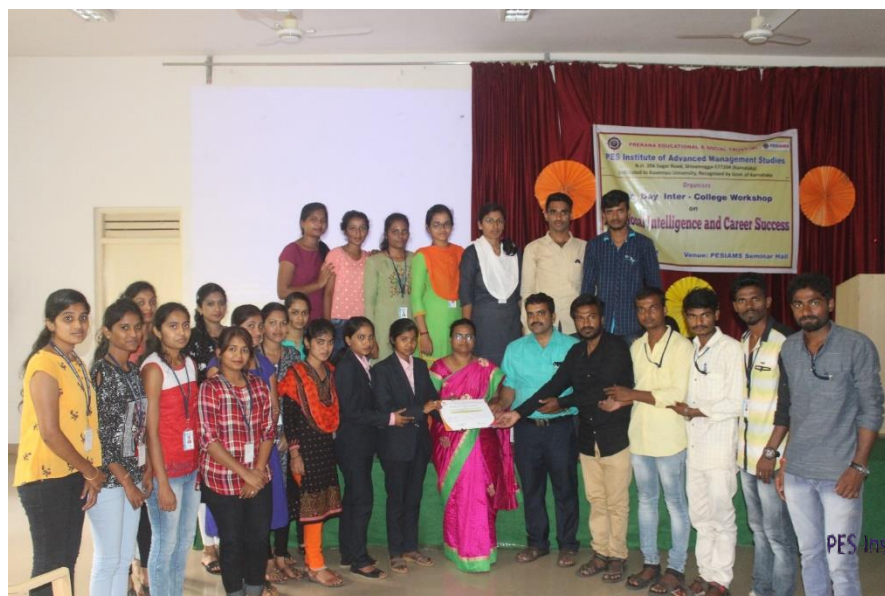
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‘Employability skills for 21<sup>st</sup> Century’ was the second session was addressed by Dr. Guruprasad T R, Associate Professor, Kadamba First Grade College, Shiralkoppa. In his lecture he spoke on the various aspects of employability requirements like Soft Skills and Behavioral aspects that students should inculcate while they are working in industry. Soft skills are the oral, written and listening skills. It is also important for employees to cultivate good behaviour when they are working in international locations because culture in those countries may be different from India. He also stressed that the students should develop professionalism, discipline and dedication which is very essential while working in a company. He has highlighted the present need of corporate talent and skills can help the students in equipping themselves with the ability required to compete in the profession.



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Totally 206 students from Five colleges in Shivamogga District, were present in this workshop. The guest lecture finally ended with a vote of thanks. By the end of the

workshop, the students gained knowledge on the aspects which they should give importance to 'Emotional Intelligence' and also focus on to prepare for their future careers and Employability Requirements.



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