



Report on the programme ‘Importance of Physical and Mental well- being in Girls’

A motivational talk was held on **10/02/2020** on the topic ‘Importance of Physical and Mental well- being in Girls’ in the seminar hall by the Principal Dr.K. Sailatha. Mrs.Sharada G – the Coordinator of Anti -Sexual Harassment Redressal Cell welcomed the Principal and girl students of the college.

The Principal in her speech explained how a woman right from her adolescence has to maintain a healthy body in order to prepare herself to face the physical challenges that she has to face, get the stamina to undertake strenuous travel for education purposes, monthly menstrual cycles, marriage and experiencing marital obligations, fulfillment of womanhood culminating in child birth etc. She further explained how a woman has to be mentally strong too in order to maintain the work life balance effectively. The Principal concluded her speech that a woman is fully equipped to swim ahead and reach her goal against any odds and that is why she is forever the best manager at home as well as at the work place. The Principal made her speech effective with the inspirational videos to support her address.

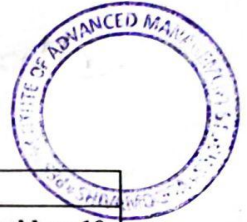
Mrs. G. Sharada, The Coordinator of the Cell reminded the students the importance of following the dress code prescribed by the college and to lead a healthy life by consuming a well balanced diet. She further brought to the notice of the girls, the office bearers of the cell the highlights of sexual harassment of women at workplace (Prevention, Prohibition and Redressal)Act, 2013.

Total Attending Students 280, lady Faculty 15.


Principal
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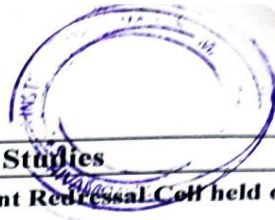
Dr. Sandhya
12/2/2020
Principal
PES Institute of Advanced Management Studies
NH 206, Srirang Road
SHIVAMOGGA-577 204.



PES Institute of Advanced Management Studies
List of Students who attended a meeting under Sextual Harrasement Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
1.	SAMANTHA P.R	M.Com	
2.	Pooja. S	M. Com	
3.	Sushma S.V	M. Com	
4.	Safiya Noorain. S	BBA 2 nd yr	
5.	Suma. B.V	1 st M. Com	
6.	Asifa Khanum	1 st year M.com	
7.	Usha. H.T	T. M. Com	
8.	Kanchana. K	II nd yr m.com	
9.	Vasitha. P.P	I st year M.com	
10.	Aparita. L	IM. COM	
11.	Rakshitha A. U	BCA II nd Sem	
12.	Pinchana. N.S	BCA II Sem	
13.	Senchana Mithy	BCA II Sem	
14.	Manasa. D. A	BCA II Sem	
15.	Nayana. VR	BCA I sem	
16.	Pratikha. M. NOOLEE	BCA I sem	
17.	RanyaShree. B	B.com II nd year	
18.	Bindu. E. H.	B.com II nd year	
19.	Aishu. R	B.com II nd year	
20.	Sushmita R.P	B.COM II nd year	
21.	Sudha	B.COM II nd year	

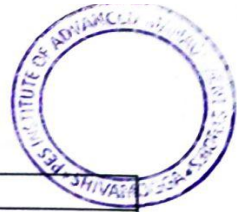
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12/2/2020



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List of Students who attended a meeting under Sextual Harrasement Redressal Cell held on 10-02-2020			
Sl. No	Name	Class & Course	Signature
1	Niharika	B.com. IV sem	
2	Sidhi . S.	B Com II Sem	
3	Rajot.	B.com VI sem	
4	Meghana. D.P	BCA VII sem	
5	Namratha. G.S	BCA VII sem	
6	Nandini. G.P	— 11 —	
7	Maheshwar B	BCA II Sem	
8	Bhoomika. C	BCA IV Sem	
9	Jyothi N. G	BCA IV Sem	
10	Ansha Sharon	BCA IV Sem	
11	Sindhu S	BCA IV Sem	
12	Anusha. K	BCA IV sem	
13	Pooja. N	BCA II sem	
14	sophmitha S	BCA IV sem	

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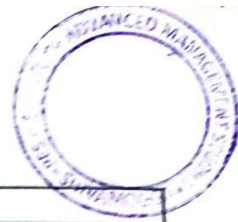


PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassement Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
1	Pooja GR	II Sem Bcom	
2	Jyothi .B.A	II sem Bcom	
3	Kavyashri. M	II nd Sem B.com	
4	Krutika .S. Kalyani	II nd Sem .Bcom	
5	Jesline Fernandez	II nd Sem . B.com	
6	Sneha .A	II nd Sem B.com	
7	Krutika .R	II nd Sem B.com	
8	Priyanka. A.y	II nd Sem B.com	
9	Ranjitha. R. N.	B Sem B.com	
10	Anusha. K. C	II Sem. B.Com	
11	Sindhu M.S.	B Sem. B.Com	
12	Nanditha B	B Sem. B.Com	
13	Usha. J	B Sem. B.Com	
14	Sindhu. T.M	B Sem. B.Com	
15	Harshitha. M. S	B Sem. B.Com	
16	Pallavi. M.	II Sem. B.Com	
17	Magaveni. S. R.	II Sem. B.Com	
18	Anushashree. M	II Sem B.Com	
19	Jeeritha Gowda	II Sem B.Com	
20	Sahana Gowda	II Sem B.Com	
21	Sushmitha M.p	II Sem B.Com	

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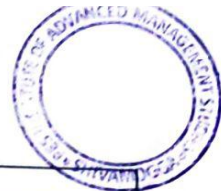
PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassement Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
1	Ananya . S.K	BCA 'IV' sem	Ananya
2	Aishwarya . K.A	BCA 'IV' sem	Aishwarya
3	Sumana Naz	BBA IV Sem	Sumana
4	Bhumnika . N.E	BBA IV Sem	Bhumnika
5	Kavya T.S	BBA IV Sem	Kavya
6	Pooja . T.S	BBA IV Sem	Pooja
7	Aditi dnavid	BBA IV Sem	Aditi
8	Chinthana N	BBA IV Sem	Chinthana
9	Kavya . K.P	BBA II Sem	Kavya . K.P
10	Apoorva . N	BBA II Sem	Apoorva
11	Sindhu . M . R	BBA II Sem	Sindhu
12	ManuKa . R	BBA II Sem	ManuKa . R
13	Jhanvi . B . J	BBA II Sem	Jhanvi
14	Snaha . B Gonda	BBA II sem	Snaha
15	Spoarthy . M.B	BBA II sem	Spoarthy
16	Sambuddhi .	BBA II sem	Sambuddhi
17	Triyanka B.k.	BBA II sem	Triyanka B.k.
18	Pragati Joshi	BBA II sem	Pragati
19	Harini K.S.	BBA II Sem	Harini
20	pooja . U . H	BCA VII th sem	Pooja
21	Chandana . K . C	BCA VI th Sem	Chandana

Principal

K. S. Sankar
12/2/2020



PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
1	Shraddha S.	II nd year BCA A-sec	Shraddha S
2	Shreya S.	II nd year BCA A-sec	Shreya S
3	Kavana J.S.	II nd year BCA A-sec	Shreya S
4	Chandana G.M.	II nd year BCA A-sec	G.M.
5	Bindu K.G.	II nd year BCA A-sec	Bindu
6	Renuka N.B	III rd year BCA 'B'	Renuka N.B
7	Sindhu J.N	II nd year BCA 'B'	Sindhu
8	Vanishree U	III rd year BCA 'B'	Vanishree
9	Priya D	III rd year BCA 'B'	Priya
10	Shreya C.O	III rd year BCA 'B'	Shreya C.O.
11	Ibra Fathima	I st year B.com	Ibra Fathima
12	Praksha A. Jain	I st year B.com	Praksha A. Jain
13	Aishwarya S.	I st year B.com	Aishwarya S.
14	Shafiq	I st year B.com	Shafiq
15	Sajiyaz	I st year B.com	Sajiyaz
16	Sakina	I st year B.com	Sakina
17	Sinchana T.N	II nd year B.com	Sinchana T.N
18	Monisha U	II nd year BCA 'A'	Monisha
19	Priyanka S.M	II nd year BCA 'A'	Priyanka
20	Rushik R	II nd year BCA 'A'	Rushik R
21	Sanjana Kadam	II nd year BCA 'A'	Sanjana Kadam

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K. Ganesh Kumar
12/2/2020



PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassement Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
1.	Shwetha L	B. Com IV sem	Shwetha L
2.	Sailakshmi K.R	B. Com IV sem	Sai Lakshmi
3.	Sadhana. K. N	BCA II sem	Sadhana. K. N
4.	Sahana. S.	BCA II sem	Sahana S
5.	Shiny Lesly	BCA III sem	Shiny Lesly
6.	Anushree .S.	BCA IV sem	Anushree
7.	Ankitha	B. COM IV SEM	Ankitha
8.	Suhani.	B.COM IV SEM	Suhani
9.	Sushli	B.COM IV SEM	Sushli
10.	Ganavi	B.COM IV SEM	Ganavi
11.	Sampada	B.COM IV SEM	Sampada B.M
12.	Pallavi	B.com II sem	Pallavi
13.	Anjath. B. S	Bca II sem	Anjath
14.	Kavana.p	BCA II Sem	Kavana.p
15.	Yashaswini.L	BCA II sem	Yashaswini.L
16.	Poojitha.S	BCA II sem	Poojitha.S
17.	Anagha T. R	BCA II sem	Anagha
18.	Nidha. Athar. k	B. COM IV sem	Nidha
19.	Shazga. Banu	B. Com IV sem	Shazga
20.	Padmini.K.C	BCA II sem	Padmini
21.	Jayalaxmi S	BCA II sem	Jayalaxmi

H. Srinivasan
Principal

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PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
①	Mahammayi. D. Prabhu	IV th Sem B Com	M. D. Prabhu
②	Nidhi. J. R.	— II —	Nidhi
③	Megha.	— II —	Megha
④	Keerthi.	— II —	Keerthi
⑤	Namatha S. D	VI th Sem BBA	Namatha
⑥	Chandana. J. S	— II —	Ch. Chandana
7	URMI SALMA	IV th Sem BCA	Urmi
8	Nagashree Kamath	VI th Sem Bca	Nagashree
9	Hanshitha Carhel	VI th Sem Bca	Hanshitha
10.	Afiya	VI th Sem Bca	Afiya
11.	Saloni	VI th Sem Bca	Saloni
12.	Bhoomika Shetty	VI th Sem Bca	Bhoomika
13.	Afra Shuck	VI th Sem Bca	Afra
14.	Supriya	VI th Sem Bca	Supriya
15	Chaitra. N. Pawar	IV th Sem Bca	Chaitra
16	Nikithashree	IV th Sem Bca	Nikitha
17	Bindushree	IV th Sem Bca	Bindushree
18	Kusuma	IV th Sem Bca	Kusuma
19	Danini	IV th Sem Bca	Danini
20	Mansa	IV th Sem Bca	Mansa

K. S. Lalitha
12/2/2020
Principal

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List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on 10-02-2020

Sl. No	Name	Class & Course	Signature
01	Kantiz Fathima-N	V th sem BCA	Kantiz
02	Kavana Prabhu-K	VI th sem BCA	Kavana
03	Shrutha. B. U	VI th sem BCA	Shrutha. B. U
04	Navya TU	VI th sem BCA	Navya
05	Neha C.N.	VI th sem BCA	Neha
06	Sumana.N	VI th sem BCA	Sumana.N
07	Suchitha . N. Shantel	VI th sem BCA	Suchitha . A S
08	Anusha. A. B	VI th sem BCA	Anusha A. B
09	Sakshi Jain	VI th sem BCA	Sakshi
10	Chandana K B	VI th sem BCA	Ch B
11	Lavanya S	VI th sem BCA 'A'	Lavanya
12	Anusha. H. B.	VI th sem BCA 'A'	A. H. B.
13	Fouziya Kavar	IV th sem BBA	Fouziya
14	Manju K. R	IV th sem BBA	Manju
15	Soniya K	IV th sem BBA	Soniya
16	Archana. G. P.	IV th sem BBA	Archana. G. P.
17	Kur h. P. B.	IV th sem BBA	Kur h. P. B.
18	Sneha. L	II nd sem BCA	Sneha
19	Priyanka. m. T	II nd sem BCA	Priyanka
20	Kruthika. C. Shetty	VI th sem BCA	Kruthika
21	Nayana. V	VI th sem BCA	Nayana V

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K. S. Srinivasan
12/2/2020



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List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on 18-02-2020

Sl. No	Name	Class & Course	Signature
01	Chaitra C. Bilagi	B.A. 5 th Sem "A"	[Signature]
02	Ananya B. Shetty	B.A. 5 th Sem "A"	[Signature]
03	Janel	B.A. 5 th Sem "A"	[Signature]
04	Ranya	B.A. 5 th Sem "A"	[Signature]
05	Ranjitha	B.A. 5 th Sem "A"	[Signature]
06	Madhu V.D	BBA 3 rd Sem	[Signature]
07	Pransav A.	BBA 3 rd Sem	[Signature]
08	Anusha Abas M	B.Com II Sem	[Signature]
09	Sahana S. Gauda	B.Com II Sem	[Signature]
10	Jeevitha R. Gauda	B.Com II Sem	[Signature]
11	Radhika K.S	B.Com II Sem	[Signature]
12	Susuma Devi M.M	B.Com II Sem	[Signature]
13	preja V.R	B.Com II Sem	[Signature]
14	DM Suresh Rao	B.Com I Sem	[Signature]
15	Nhanasa C. D	B.Com VI th Sem	[Signature]
16	Ugnila	B.Com VI th Sem	[Signature]
17	Karthika T	B.Com VI th Sem	[Signature]
18	Harisha Patel	B.Com VI th Sem	[Signature]
19	Sushma M.G	B.Com VI th Sem	[Signature]
20	Deepika G.N	B.A. VI Sem	[Signature]
21	Nikhitha V.S	B.A. VI Sem	[Signature]

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PES Institute of Advanced Management Studies

NH 206, Bangalore

Phone: 080-26081234

PES Institute of Advanced Management Studies

List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on-10-02-2020

Sl. No	Name	Class & Course	Signature
1.	Tanushree	IV Sem 'B' BCA	
2.	Nayana .N.M	IV Sem 'B' BCA	Nayana .N.M
3.	Sahana M. Nayak	IV Sem 'B' BCA	Sahana
4.	Sneha .S.M	IV Sem 'B' BCA	Sneha
5.	Auspitha .S	IV Sem 'B' BCA	
6.	Meghana .P	IV Sem 'B' BCA	Megha
7.	Harshitha .S.P	IV Sem 'B' BCA	
8.	Nagashree H.S	IV Sem 'B' BCA	
9.	Triveni .O.S	IV sem 'B' BCA	Tri
10.	Smruthi Deshpande	IV Sem 'B' BCA	
11.	Annapoosura .N.	IV sem 'B' BCA	Anus
12.	Nistha fathem	IV sem 'B' BCA	
13.	Radhana .KM	IV sem 'B' BCA	Radhana.KM
14.	Sanjana .R. Navle	IV Sem 'B' BCA	Sanjana R.
15.	Nandashree .M.Rao	IV Sem 'B' BCA	Nandashree
16.	Pavithra -P	IV Sem 'B' BCA	Pavithra .P
17.	Shaila Kote V.N.	IV Sem 'B' BCA	
18.	Yashawini .S.	IV Sem 'B' BCA	
19.	Megha BL	IV Sem 'B' BCA	
20.	Shobitha.V.Nair	IV Sem 'B' BCA	
21.	Spandhana R	IV Sem 'B' BCA	

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K. Saralatha
12/2/2020



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List of Students who attended a meeting under Sexual Harrassment Redressal Cell held on 10-02-2020

Sl No	Name	Class & Course	Signature
01	Kavai . m . P	IV BCA 'A' Sec	
02	Roopashree G. Y	IV BCA 'A' Sec	
03	Ina Goresalves	IV BCA 'A' Sec	
04	Fazilath Takasum	IV BCA 'A' Sec	
05	Deepa . IV	IV BCA 'A' Sec	
06	Bindhu . E	IV BCA 'A' Sec	
07	Yashwini	II BCA Bsc	
08	Vidya shree	II BCA Bsc	
09	Bhoomika . K. B	II BA 'B' Sec	
10	pavithri	II BCA 'B' Sec	
11	Bhoomika . M	II BCA 'B' Sec	
12	Ransitha . T	II BCA Bsc	
13	Bindu	II BCA Bsc	
14	Preshma M.M	II BCA Bsc	
15	Meghana . G	II BCA Bsc	
16	Anushtana	II BCA Bsc	
17	Tejaswini	II BCA Bsc	
18	Sneathi . S	II BCA Bsc	
19	Nayana . R	II BCA 'B' Sec	
20	Bhageswathi . T	II BCA Bsc	

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