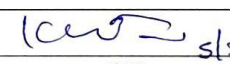

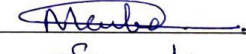


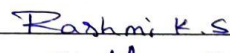





Date: 05-03-2016

Circular

All the girl students are hereby informed to attend an awareness programme on "Better Nutrition for Girls" on 10-03-2016, at 3:00 PM as part of Gender Equity Programme arranged by the Sexual Harassment Redressal Cell at the seminar Hall of PESIAMS.

Class	Faculty Name	Signature
BBA-II	Kavitha.U.P.	
BBA-IV	VINAY KUMAR K.S	
BBA-VI	Mahesh K.S	
BCA-II	Sowbhgya	
BCA - IV	Kavitha, U. P.	
BCA - VI	Rashmi K.S	
B.Com-II	Sudha .D	
B.Com-IV	Harsha C.Mahad	
B.Com-VI	VINAY KUMAR K.S	

Coordinator
Mrs. Sharadha G

Principal


Principal 05/03/16

PES Institute of Advanced Management Studies
NH 206, Sagar Road
SHIVAMOGGA-577 204.

10-03-2016

Report on Awareness Programme on Better Nutrition for Girls

An awareness programme on 'Better nutrition for girls' was held on 10/03/2016 at 3. 00 p. m at the College seminar Hall as a part of gender equity programme for girls.

The Programme was conducted to create awareness among the girl students to improve their health by taking nutritious food. The objective of the programme was to sensitize the girls as they usually take no care of their health and are more prone to eating junk food rather than healthy food. It is all the more necessary that they take care of their physical health as they are going to face in near future motherhood. Dr. Sunitha, Nutritionist of Ayurlife was the resource person who spoke about the importance of this concept to the girl students. Mrs. Yognodhbhavi, a Professor of PESITM was the other speaker who highlighted the ill effects of malnutrition and associated diseases.

The speech was followed by question and answer session wherein the students cleared their doubts.

The welcome speech was made by Ms.Roopa and vote of thanks by Ms.Spandana, The programme was anchored by Ms.Arptha.

Total No Of Students :- 240

Total No of Faculty : -15

PRINCIPAL


Principal 10/3/2016

PES Institute of Advanced Management Studies
NH 206, Sagar Road
SHIVAMOGGA-577 204.

Awareness Programme on Better Nutrition for Girls



PRINCIPAL


Principal 6/3/2016

PES Institute of Advanced Management Studies
NH 206, Sagar Road
SHIVAMOGGA-577 204.

Attendance of Awareness Programme on Better Nutrition for Girls on 10/03/2016

B.Com:

Sl. No	Name of the Candidate
1	AASIYA
2	AMULYA V S
3	CHANDANA B.N
4	DIVYA D
5	FAIZA TANHEEM
6	KANKANALA VENKATA SUMADEEPTHI
7	KHUSHBU B JAIN
8	MANISHA R PATEL
9	MEGHANA G K
10	MEGHASHREE R
11	NAFIYA KHANUM
12	NAGARATHNA A.B
13	POOJA L
14	POOJA VISHWANATH GOWDA
15	PRERANA JAIN
16	RASHMI M C
17	RINCY K E
18	RUCHIKA U JAIN
19	SAHANA K M
20	SALONI V JAIN
21	SHASHWATHI N S
22	SHRINIDHI H S

23	SHYNIKA C JAIN
24	SINCHANA N.S
25	SOUNDARYA P
26	SURAKSHA M S
27	AISHWARYA ATAD
28	AISHWARYA DOLLY SEQUIERA
29	AISHWARYA SUNIL
30	AKARSHA V.S NAIR
31	AKSHATHA B
32	AMRUTHA H.L
33	ANKITHA BHANSALI
34	ANKITHA H.C
35	ANUSHA A P
36	APOORVA G.S
37	ARPITHA H
38	ARPITHA M GOWDA
39	CHARVEE R JAIN
40	DAYANA M
41	DEEKSHA G.N
42	DRUPADHA D
43	JHANVI GUPTA
44	KANCHANA K
45	KEERTHANA G KOTIAN
46	LAVANYA R
47	LIFAM LIFZA
48	MEGHASHREE S
49	NAGAVENI Y
50	PRAJNA P KUMAR
51	PRARTHANA G KOTIAN
52	PREETHISHREE M
53	PRERANA PRAKASH

54	RAKSHA JAIN
55	RAMYA N PATEL
56	RASHMI
57	ROOPA S M
58	SANGEETHA S
59	SANNIDHI K.R
60	SHARANYA M
61	SHEETAL S JAIN
62	SHEETHAL KUMAR JAIN S S
63	SHWETHA M Y
64	SHWETHA S.H
65	SIMRAN
66	SRIRAKSHA S P
67	SUMANA R S
68	THANUJA B.R
69	UJWALA C
70	UTHKARSHA K.P
71	VARSHA N K
72	VIDHI C M JAIN
73	RUKMINI K.V
74	SAPNA K IYER
75	ALISHA AKTHER
76	ALISHA JAIN
77	BHAGYALAKSHMI C R .
78	BHOOMIKA J JAIN
79	CHAITHANYA S
80	CHAITHRA K.M
81	CHAITRA G
82	CHAITRA .H
83	CHANDRIKA S JAIN .
84	FATHIMA KHATHUN H
85	KRUTIKA A KHATRI
86	LEKHANA S JAIN
87	MADHU V .
88	MEGHA C K
89	MEGHANA C

90	NEHA J JAIN
91	PAYAL S JAIN
92	POOJA G .
93	RAKSHITHA KAWAD
94	RAMYASHREE P
95	RUCHIKA V JAIN
96	SHRILAKSHMI B G
97	SHWETHA S GULGULE
98	SIMRAN SHAIKH
99	SINDHU A.N
100	SONALI KAWAD R
101	SONAM S JAIN
102	SOWMYA A.S
103	SPOORTHI C.N
104	SUFIYA SAMREEN NOOR .S
105	SUPRITHA K.R
106	SUSHMITHA B SIYOL
107	VACHANA I BESUR .
108	VANDANA JAIN V .

Attendance of Awareness Programme on Better Nutrition for Girls on 10/03/2016

BBA:

Sl. No	Name of the Candidate
1	CHETHANA S H
2	FATHIMA ZULFA
3	GULNAZ BEGUM
4	HASEEBA MUTHAHERA
5	KANCHANA N.S
6	KAVYA N
7	LAKSHMI D S
8	MIZBA H
9	NAMITHA P

10	NEHA SRIEE A D
11	NISARGA S M
12	PRIYANKA B H
13	RAKSHA JAIN
14	SADIYA AHMADI
15	SAMREEN FATHIMA
16	SHILPA D
17	SIMRAN PARVEEN
18	SINDHU S
19	VANDANA BEEJADI VENKATESHA
20	VARSHITHA G S
21	AMULYA H C
22	ARPITHA S.R
23	AYESHA NAIYARA
24	BHARGAVI V
25	BI BI RUQAIYA
26	DAYANASREE K R
27	FARHEEN TAJ
28	KAVYA U B
29	MANJU SHREE D DESAI
30	MEDHA BHAVE
31	MEGHANA H S
32	NAMRATHA S.D
33	NIDHA
34	RAMYA B R
35	SANIYA KOUVEN
36	SEEMA N.V
37	VARUNI J
38	VIJAYALAKSHMI A
39	BHUVANESHWARI V

40	DIKSHITHA JAIN
41	GEETHA K
42	MEGHANA K.C
43	NIVEDITHA B
44	SURABHI JOSHI
45	VEENA R V

Attendance of Awareness Programme on Better Nutrition for Girls on 10/03/2016

BCA:

Sl. No	Name of the Candidate
1	AISHWARYA N.G
2	AMRUTHA B
3	ANUSHA SATISH BHAT
4	ASHA H.D
5	BHOOMIKA P
6	CHAITRA K
7	CHAITRASHREE T.T
8	CLINTON U PETER
9	DEEKSHA I M
10	DEEPTHI S B
11	DHANUSHREE C
12	GANAD KARSANTHOL
13	GEETHA C
14	GHOUSIYA BANU

15	HARSHITHA H M
16	HARSHITHA S
17	INIPA M
18	JANET SUHASINI SOANS
19	JOYLINE MACHADO
20	LAVANYA L
21	LIKHITHA K.S
22	MADHUMITHA U.K
23	MAHALAKSHMI T M
24	MANISHA K
25	MEGHANA M.J
26	MILMA AISHWARYA J
27	MONIKA N
28	NAYANA J
29	NAYANA P
30	POOJA G
31	PRAGATHI P
32	PRAKRUTHI R
33	PRATHIKSHA P S
34	RAJESHWARI A C
35	RAMYASHREE S
36	RANJITHA B I
37	SANIDHYA P
38	SANJANA G S
39	SHILPASHREE G
40	SHOBITHA B.K
41	SINDHU S
42	SPOORTHI M
43	SPOORTHY Y
44	SUKRUTHA R

45	SURAIYA TASNEEM
46	SUSHMA C.S
47	SUSHMA H R
48	VAISHNAVI A
49	VAISHNAVI A.S
50	VARSHA V
51	VARSHITHA S.K
52	AISHWARYA R
53	ANUSHREE M V
54	BHAVANA N B
55	CHAITRA A R
56	CHAITRA C
57	CHANDANA H
58	DIVYASHREE M
59	HAFEEZA BANU K
60	HARSHITHA P
61	INDIRA V JOIS
62	JEETHANA V
63	JYOTI RUDRAMUNI HULAMANI
64	KAVYA G N
65	KAVYA S N
66	KHAMAR TAJ
67	NAYANA G
68	NEHA TARANNUM
69	NERGIS QURESHI
70	AISHWARYA A
71	ANUKSHA P
72	BI BI MARIUM
73	CHAITHRA P.M
74	CHANDANA M
75	CHANDANA R
76	FOUZIYA BANU
77	LAVANYA M.R
78	MEGHANA T
79	POOJA B

80	RADHA B P
81	SAHANA S.D
82	SANJANA B.R
83	SHWETHA J
84	SPANDANA S
85	SPOORTHY M.S
86	SUSHMITHA G
87	VIMALA BISHNOI