

### **ಎಇಎಸ್ ಇನ್ಫ್ರ್ಯೂಟ್ ಆಫ್ ಅಡ್ಡಾನ್ಸ್ ಮ್ಯಾನೇಜ್**ಮೆಂಟ್ ಸ್ಥಡೀಸ್

(ಕುವೆಂದು ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಸಂಯೋಜನೆಗೊಳಪಟ್ಟಿದೆ ಮತ್ತು ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಮಾನ್ಯತ ಪಡೆದಿದೆ) ಎನ್ ಹೆಚ್ 206, ಸಾಗರ ರಸ್ತೆ, ಶಿವಮೊಗ್ಗ – 577 204 (ಕರ್ನಾಟಕ)

Phone: 8147053085

### PES Institute of Advanced Management Studies

( Affiliated to Kuvempu University, Recognized by Govt. of Karnataka)

Website: pestrust.edu.in/pesiams

N H-206, Sagar Road, Shivamogga - 577 204 (Karnataka)

# PESIAMS

#### **ಎಇಎಸ್ ಇನ್ಫ್ರಾಟ್ಕ್ರಾಟ್ ಆಫ್ ಅಡ್ಡಾನ್ಫ್ ಮ್ಯಾನೇಜ್**ಮೆಂಟ್ ಫ್ರಡೀಸ್

(ಕರಣದ ವಿಶ್ವವಿಧ್ಯಾವಿಲಯದ ಸಂಯೋಜನೆಗೊಳ್ಳುವು ಮತ್ತು ಸರ್ವಾಟ ಸರ್ಕಾರದ ಮಾನ್ಯತ ಮಾಡಿದ) ಎನ್ ಹೆಚ್ 206, ಸಾಗರ ರಸ್ತೆ, ಶಿವಮೊಗ್ಗ – 577 204 (ಕರ್ನಾಟಕ)

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Date: 05-03-2016

#### Circular

All the girl students are hereby informed to attend an awareness programme on "Better Nutrition for Girls" on 10-03-2016, at 3:00 PM as part of Gender Equity Programme arranged by the Sexual Harassment Redressal Cell at the seminar Hall of PESIAMS.

Class	Faculty Name	Signature
BBA-II	Kavitha.u.p.	(cert 2 do
BBA-IV	VINAY KUMAR K.S	4KS
BBA-VI	Mahesh KS	Mento.
BCA-II	Soubhaya	Saubhouse
BCA – IV	Kavitha. U. R	Kend-
BCA – VI	Rashmi, K.s	Rashmi K.S
B.Com-II	Sudha D	Stelhan:0
B.Com-IV	Hassha cmala	4
B.Com-VI	VINAY KUMARKS	4KS

Coordinator Mrs. Sharadha G Principal

PES Institute of Advanced Management Studies NH 206, Sagor Road SHIVAMOGGA-577 204.

Principal 05/03/16



### **ಎಇಎಸ್ ಇನ್ಫ್ರ್ಯೂಟ್ ಆಫ್ ಉಡ್ಡಾನ್ಸ್ಡ್ ಮ್ಯಾನೇಜ್**ಮೆಂಟ್ ಫ್ರಡೀಸ್

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10-03-2016

# Report on Awareness Programme on Better Nutrition for Girls

An awareness programme on 'Better nutrition for girls' was held on 10/03/2016 at 3. 00 p. m at the College seminar Hall as a part of gender equity programme for girls.

The Programme was conducted to create awareness among the girl students to improve their health by taking nutritious food. The objective of the programme was to sensitize the girls as they usually take no care of their health and are more prone to eating junk food rather than healthy food. It is all the more necessary that they take care of their physical health as they are going to face in near future motherhood. Dr. Sunitha, Nutritionist of Ayurlife was the resource person who spoke about the importance of this concept to the girl students. Mrs. Yognodhbhavi, a Professor of PESITM was the other speaker who highlighted the ill effects of malnutrition and associated diseases.

The speech was followed by question and answer session wherein the students cleared their doubts.

The welcome speech was made by Ms.Roopa and vote of thanks by Ms.Spandana, The programme was anchored by Ms.Arpitha.

Total No Of Students :- 240

Total No of Faculty: -15

PRINCIPAL

PES Institute of Advanced Management Studies
NH 206, Sagar Road

SHIVAMOGGA-577 204.



### **ಎಇಎಸ್ ಇನ್ಫ್ಟ್ಯೂಟ್ ಆಫ್ ಅಡ್ಡಾನ್ಫ್ಡ್ ಮ್ಯಾನೇಜ್**ಮೆಂಟ್ ಸ್ವಡೀಸ್

(ಕುವೆಂದು ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಸಂಯೋಜನೆಗೊಳಪಟ್ಟಿದೆ ಮತ್ತು ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಮಾನ್ಯತೆ ಪಡೆದಿದೆ) ಎನ್ ಹೆಚ್ 206, ಸಾಗರ ರಸ್ತೆ, ಶಿವಮೊಗ್ಗ – 577 204 (ಕರ್ನಾಟಕ)

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# **Awareness Programme on Better Nutrition for Girls**



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SHIVAMOGGA-577 204.



# **ಎಇಎಸ್ ಇನ್ಸ್ಟ್ ಟ್ಯೂಟ್ ಆಫ್ ಅಡ್ವಾನ್ಫ್ ಮ್ಯಾನೇಜ್ ಮಂಟ್ ಸ್ಟರ್ಡಿಸ್**

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# Better for nutrition for girls

SI.No	Name Nation 40%	-
1	AISHWARYA ATAD	Reg.No
2	AISHWARYA DOLL V CEOUTER	C1511502
3	THE TANK I A SUNII	C1511503 C1511504
4	AKARSHA V.S NAIR	C1511504
5	AKASH NAYAKA T S	C1511507
6	AKASH S.N	C1511508
7	AKSHAY N	C1511508
8	AKSHATHA B	C1511510
9	AMRUTHA H.L	C1511511
10	ANKITHA BHANSALI	C1511512
11	ANKITHA H.C	C1511513
12	ANUSHA A P	C1511514
13	APOORVA G.S	C1511515
14	ARAVIND G	C1511516
15	ARPITHA H	C1511517
16	ARPITHA M GOWDA	C1511518
17	AVINASH H L	C1511519
18	BHARATH G	C1511520
19	BHARATH S.P	C1511521
20	CHANDAN M N	C1511522
21	CHARVEE R JAIN	C1511523
22	DAYANA M	C1511526
23	DHANRAJ M S	C1511528
24	DRUPADHA D	C1511530
25	EMMANUEL RAJEEV	C1511531
26	JHANVI GUPTA	C1511532
27	KANCHANA K	C1511533
28	KEERTHANA G KOTIAN	C1511534
29	LAVANYA R	C1511535
30	MANOJ H.P	C1511537
31	MEGHASHREE S	C1511541
32	NAGAVENI Y	C1511542
33	PRAJNA P KUMAR	C1511544
34	PRAJWAL U S	C1511545
35	PRANITH SONDA	C1511547
36	PRARTHANA G KOTIAN	C1511548
37	PREETHISHREE M	C1511549
38	PRERANA PRAKASH	C1511550
39	PUNEETH R JAIN	C1511551
40		C1511552
41	RAMYA N PATEL	C1511553
42		C1511554
43		C1511555
44		C1511550





### **ಎಇಎಸ್ ಇನ್ಫ್ಡ್ಟ್ಯೂಟ್ ಆಫ್ ಉಡ್ವಾನ್ಫ್ ಮ್ಯಾನೇಜ್**ಮೆಂಟ್ ಸ್ಥಡೀಸ್

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45	ROOPA S M	C1511557
46	RUSHYANTH HEGDE N.M	C1511558
47	SANGEETHA S	C1511559
48	SANJAY B	C1511560
49	SANJAY M	C1511561
50	SANNIDHI K.R	C1511562
51	SHARANYA M	C1511563
52	SHEETAL S JAIN	C1511564
53	SHEETAL S JAIN SHEETHAL KUMAR JAIN S S	C1511565
54	SHREYAS T R	C1511566
		C1511567
55	SHWETHA M Y	
56	SHWETHA S.H	C1511568
57	SIMRAN	C1511569
58	SRIRAKSHA S P	C1511570
59	SUMANA R S	C1511571
60	SUMANTH H.S	C1511572
61	SYED SADIQ	C1511573
62	THANUJA B.R	C1511574
63	THILAK S	C1511575
64	UJWALA C	C1511576
65	UTHKARSHA K.P	C1511577
66	VARSHA N K	C1511578
67	VIDHI C M JAIN	C1511579
68	VIKAS U CHIKKERI	C1511580
69	YASHWANTH S	C1511581
70	SAPNA K IYER	C1511582
71	RUKMINI K.V	C1504869
72	ABHILASH H	C1511501
73	AKARSHA V.S NAIR	C1511506
74	AKASH NAYAKA T S	C1511507
75	AKASH S.N	C1511508
76	ARAVIND G	C1511516
77	AVINASH H L	C1511519
78	BHARATH G	C1511520
79	BHARATH S.P	C1511521
80	CHANDAN M N	C1511522
81	CHARVEE R JAIN	C1511523
82	DAYANA M	C1511526
83	DHANRAJ M S	C1511528
84	EMMANUEL RAJEEV	C1511531
85	LIFAM LIFZA	C1511536
86	MANOJ H.P	C1511537
87	PRAJWAL U S	C1511545
88	PRANITH SONDA	C1511547
89	PUNEETH R JAIN	C1511551





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90	RAKSHA JAIN	C1511552
91	RISHAB SHARMA	C1511555
92	ROHITH S	C1511556
93	RUSHYANTH HEGDE N.M	C1511558
94	SANJAY B	C1511560
95	SANJAY M	C1511561
96	SHEETAL S JAIN	C1511564
97	SHEETHAL KUMAR JAIN S S	C1511565
98	SIMRAN	C1511569
99	SRIRAKSHA S P	C1511570
100	SUMANA R S	C1511571
101	SUMANTH H.S	C1511572
102	SYED SADIQ	C1511573
103	THILAK S	C1511575
104	UTHKARSHA K.P	C1511577
105	VIKAS U CHIKKERI	C1511580
106	YASHWANTH S	C1511581
107	PRANIL RAJ	C1510071
108	SURYANARAYANA C	C1510115

1	AMULYA H C	BB158904
	ARPITHA S.R	BB158905
2	BHARGAVI V	BB158908
3	BI BI RUQAIYA	BB158910
4	DAYANASREE K R	BB158912
5	FARHEEN TAJ	BB158914
7	KAVYAUB	BB158920
8	MEDHA BHAVE	BB158923
	MEGHANA H S	BB158924
9	NIDHA	BB158930
10	RAMYA B R	BB158935
11	SANIYA KOUVEN	BB158940
12	SEEMA N.V	BB158941
13		BB158942
14	VARUNI J VIJAYALAKSHMI A	BB158943
15	AISHWARYA V	BB158953
16		BB15890
17	ABDUL SAHIL	BB15890
18	ABHISHEK K	BB15890
19	ABRAR PASHA	BB15890
20	BABU S	
21	CHARAN T.B	BB15891
	DAYANASREE K R	BB15891
22	DIGANTH K S	BB15891





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7		
23	VARSHINI G	BC150961
24	BHAVANA N B	BC150908
25	HARSHITHA P	BC150919
26	KAVYA G N	BC150925
27	PAVITHRA SHAGLE N.J	BC150935
28	RAKSHITHA H B	BC150940
29	RASHMI H.H	BC150943
30	SHASHIKALA D S	BC150949
31	SPOORTHI H S	BC150954
32	SWATHI B N	BC150957
	THANUJA H.S	BC150959
33		BC150960
34	THANUSHREE	BC150942
35	RAMYA H B	BC150901
36	ADITHYA K	BC150902
37	ADNAN AHMED	BC150904
38	AKSHAY KUMAR S R	BC150906
39	ANOOP VIDYADHAR HEGDE	BC150912
40	DARSHAN T.H	BC150913
41	DEVARAJ	BC150915
42	DIXITH G	BC150918
43	HARSHA H.V	BC150921
44	JAYANTH A S	BC150924
45	KARTHIK P	BC150927
46	KHAMAR TAJ	BC150928
47	LOHIT R	BC150929
48	MANISH RAJ B	BC150930
49	MOHAMMED BURHAN	BC150939
50	RAHUL T R RENUKA PRASAD B	BC150944
51	ROHAN REVANKAR M	BC150945
52		BC150946
53	SACHIN S	BC150947
54	SHAMANTH S SHARATH KUMAR R	BC150948
55		BC150949
56	SHASHIKALA D S	BC150950
57	SHEETAL M M	BC150951
58	SHEETHAL S	BC150952
59	SUMANTH J P	BC150956
60	SUJAN K.R	BC150958
61	TEJASH B	BC150962
62	VIKRAM SHET G	BC150963
63	VITTAL RAO R	BC150964
64	YUSUFULLA VARUN R.N	BC150965
65	VAKUN K.N	DC130903

