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PES Institute of Advanced Management Studies, (Althoughout to Novembro University: Revingelized by Gov4, of Karnataka)

N H 206, Sagar Road, Shivamogga - 577 204 (Kamataka)

Numbers and actions Energizer

lass: IV Semester BCA A - See

Date of Activity: 07/02/2020

MCED A

Lecturer Name: Ms. Ashwini E.M.

Objective:

- Numbers and actions Energizer it's a team spirit game, to create positive energy in the group.
- Address interpersonal problems within the group.
- Improve inter-team communication.
- Increased motivational levels among team members.

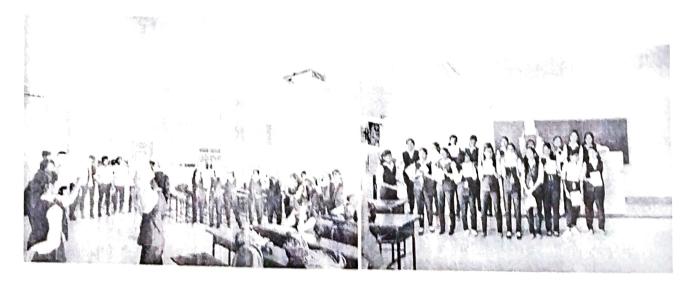
Rules of Activity:

Compulsory participation for every student.

Outcome:

Effective teamwork can create a sense of cohesiveness and unity of purpose. Energizers are quick, fun activities to liven up a group. Here team members arrange in a proper sequence the number called out by the facilitator with in a short time. The activity involves a combination of listening skill and ability to coordinate both mentally and physically.

The students actively involved themselves in the activity and they have learnt the importance of coordination of mind and body simultaneously.





Incharge Faculty

Head Of Department

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Principal

Principal

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